








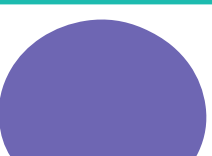












Swim - Individual

Category Group	Time	Category	Gender	Cap Colour
Sprint - Draft-Legal (Wave Starts)				
1	6:15am	All	Male	 SILVER
2	6:18am	All	Female	 MAROON
Sprint - Non-Drafting (Wave Starts)				
3	6:25am	45+	Mixed	 PEARLY PINK
4	6:28am	14 to 29	Female	 DARK BLUE
5	6:31am	30 to 44	Female	 RED
6	6:34am	14 to 29	Male	 YELLOW
7	6:39am	30 to 44	Male	 PURPLE
Standard (Rolling Category Starts)				
8	6:55am	Open	Male	 BLACK
9	6:58am	Open	Female	 GOLD
10	6:59am	Paratriathlete	Mixed	 VIOLET
11	7:02am	Mates Premium	Mixed	 LIGHT GREEN
		Legends		 GOLD
12	7:13am	15 to 29	Mixed	 ORANGE
13	7:26am	30 to 34	Mixed	 LIGHT BLUE
14	7:38am	50+	Mixed	 SILVER
15	7:52am	35 to 39	Mixed	 YELLOW
16	8:05am	Mates Clydesdales and Athenas	Mixed	 DARK GREEN
17	8:16am	45 to 49	Mixed	 WHITE
18	8:28am	40 to 44	Mixed	 NEON PINK
	8:32am	Last Age Group Start	Mixed	
Swim - Teams				
Rolling Start				
19	8:40am	Teams	All	 VIOLET
	8:45am	Last Teams Start		