
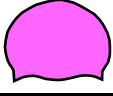


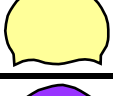
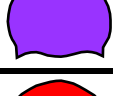





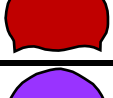
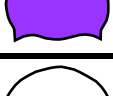





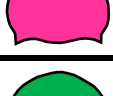



2024 Mooloolaba Triathlon Swim Starts

Sprint Distance - Saturday 9 March

Time	Category	Gender	Cap Colour
6:15am	Paratriathlete	Mixed	 Neon Orange
6:17am	45+ years	Mixed	 Pink
6:45am	14 - 29 years	Female	 Dark Blue
7:17am	Mates	Mixed	 Fluro Green
7:51am	14-29 years	Male	 Yellow
8:18am	30 - 44 years	Male	 Red
	30 - 44 years	Female	 Purple

Standard Distance - Sunday 10 March

Time	Category	Gender	Cap Colour
6:15am	Open	Male	 Black
6:17am	Open	Female	 Silver
6:18am	Paratriathlete	Mixed	 Neon Orange
6:21am	Legends	Mixed	 Gold
	Premium Mates	Mixed	 Maroon
6:34am	45-49 years	Mixed	 Purple
6:46am	40-44 years	Mixed	 White
6:59am	50+ years	Mixed	 Yellow
7:17am	35 - 39 years	Mixed	 Orange
7:29am	Mates	Mixed	 Powder Blue
	Clydesdales & Athenas		
7:43am	15 - 29 years	Mixed	 Dark Blue
8:07am	30 - 34 years	Mixed	 Neon Pink
8:25am	Relay Teams	Mixed	 Dark Green

*Please arrive 15minutes before your Race Start
No changes to Starting Categories