

2023 Mooloolaba Triathlon Swim Starts

Category Group	Time	Category	Gender	Cap Colour
Sprint Distance - Saturday 11 March				
1	6:15am	Paratriathlete	Mixed	 Neon Orange
2	6:17am	30-44 years	Female	 Red
3	6:40am	30-44 years	Male	 Purple
4	7:15am	45+ years	Mixed	 Pink
5	7:50am	14-29 years	Female	 Dark Blue
6	8:20am	14-29 years	Male	 Yellow
Standard Distance - Sunday 12 March				
7	6:15am	Open	Male	 Black
8	6:17am	Open	Female	 Silver
9	6:18am	Paratriathlete	Mixed	 Neon Orange
10	6:21am	Premium Mates	Mixed	 Maroon
		Legends	Mixed	 Gold
11	6:34am	35-39 years	Mixed	 Orange
12	6:48am	50+ years	Mixed	 Yellow
13	7:06am	30-34 years	Mixed	 Neon Pink
14	7:20am	15-29 years	Mixed	 Dark Blue
15	7:43am	45-49 years	Mixed	 Purple
16	7:56am	Mates	Mixed	 Powder Blue
		Clydesdales & Athenas		
17	8:08am	40-44 years	Mixed	 White
18	8:26am	Relay Teams	Mixed	 Dark Green